



SEMINARIO “Evidence-Based Practice Approach To Group Psychotherapy”



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ABSTRACT

We will discuss an evidence-based practice approach to group psychotherapy. This includes the use of an outcome measure (Outcome Questionnaire-45) and a group process measure (Group Questionnaire) to enhance group psychotherapy. We will provide a de-identified vignette to illustrate how these measures can be used in practice. Finally, we will provide preliminary results of a feasibility study that has investigated the effects of compassion focused therapy for groups.

10 maggio 2018

Ore 09.30 - 11.00

Aula Ponzo - III° piano

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