



LGBT Psychology - From Gaining Affirmative Competences to Addressing Contemporary Issues: the example of Older LGBT Adults

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03 Luglio 2019 dalle 11,00 alle 13,00

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In this seminar, we will discuss the importance of general psychological intervention with LGBT clients, addressing particular challenges and skills when working with this population, then we will use specific data from Portuguese LGBT Older Adults to discuss implications, comparisons and cultural competencies applicable to Italian psychosocial contexts.

References for the seminar:

- Pereira, H., Cunha, M. J., Monteiro, S., Afonso, R. M., Esgalhado, G. & Loureiro, M. (2019). Affirmative Competence and Practices of Mental Health Professionals with LGB Clients. *Community Mental Health Journal*, 55(5), 884–893
- Pereira, H., de Vries, B., Serrano, J. P., Afonso, R. M., Esgalhado, G. & Monteiro, S. (in press). Depression and Quality of Life in Older Gay and Bisexual Men in Spain and Portugal. *International Journal of Aging and Human Development*.
- Pereira, H., de Vries, B., Serzedelo, A., Serrano, J. P., Afonso, R. M., Esgalhado, G. & Monteiro, S. (in press). Growing Older Out of the Closet: A Descriptive study of Older LGB Persons Living in Lisbon, Portugal. *International Journal of Aging and Human Development*, 88(4), 422–439.
- Pereira, H., Serrano, J. P., de Vries, B., Esgalhado, G., Afonso, R. M. & Monteiro, S. (2017). Aging Perceptions in Older Gay and Bisexual Men in Portugal. *The International Journal of Aging and Human Development*, 87(1) 5–32.