

Mihaela – Alexandra Gherman

Education

“Alexandru Ioan Cuza” University of Iași

Faculty of Psychology and Education Sciences

Master's Degree in Clinical Psychology and Psychotherapy (2010-2012)

Overall GPA: 9.75/10

Dissertation title: *Psychosocial Aspects of Nicotine Addiction*

Dissertation grade: 10/10

Initial teacher training – Level II (2010-2012)

Overall GPA: 10/10

“Alexandru Ioan Cuza” University of Iași

Faculty of Psychology and Education Sciences

Bachelor's Degree in Psychology (2007-2010)

Overall GPA: 9.46/10

Licentiate Examination GPA: 10/10

Graduation paper title: *Psychosocial Aspects of Forgiveness*

Graduation paper grade: 10/10

Initial teacher training – Level I (2007-2010)

Overall GPA: 9.57/10

Publications in peer-reviewed journals

1. Gherman, M.A., Arhiri, L., Muntele-Hendreș, D., & Bliuc, A.M. (2013). Gender Differences in Life Choices. *Journal of Social Psychology [Revista de Psihologie Socială]*, 32(II), 151-168.
2. Gherman, M.A., Muntele-Hendreș, D., & Arhiri, L., (2013). Experimental Arguments for Employing a Client-Focused Therapeutic Approach in Nicotine Addiction. *Annals of the Al. I. Cuza University, Psychology Series*, 22(2), 5-33. <http://anale.psih.uaic.ro/index.php?page=authors&author=213>
3. Arhiri, L., Muntele-Hendreș, D., & Gherman, M.A. (2013). Smoke reduction and cessation with psychological interventions: A randomized clinical trial. *Romanian Journal of Applied Psychology*, 15 (2), 59-68. <http://www.rjap.psihologietm.ro/archive2013.html>
4. Muntele-Hendreș, D., Curelaru, V., Arhiri, L., Gherman M.A., & Diac, G. (in press). Teachers' Occupational Stress Questionnaire: Psychometric properties. *Revista de Psihologie*.
5. Gherman, M.A., Arhiri, L., & Muntele-Hendreș, D. (2014). Body Image and Perceived Responsibility for Break-Ups of Romantic Relationships. Manuscript submitted for publication.
6. Muntele-Hendreș, Gherman M.A., Arhiri, L., D., Diac, G., & Curelaru, V. (2014). Exploring the Correlates of Breastfeeding and Increasing Its Continuation in a Group of Romanian Mothers. Manuscript submitted for publication.

7. Gherman, M.A. (2014). Social Representations of the Process of Ageing in Young and Mature Romanian Adults. Manuscript submitted for publication.
8. Gherman, M.A. (2014). Social Representations of Organic Food in Romania. Manuscript submitted for publication.
9. Arhiri, L., & Gherman, M.A.* (2014). Romanian Parents' and Kindergarten Teachers' Social Representations of the Development of Intelligence in Children. Manuscript submitted for publication.
**Both authors contributed equally to this manuscript. They are listed alphabetically.*

Presentations

1. *Gender Differences in Life Choices*. Presented at the “Gender, Work, Family and Change” International Conference, Iași, România, between 20-22 September 2013.
2. *Experimental Arguments for Employing a Client-Focused Therapeutic Approach in Nicotine Addiction*. Presented at “Integration and Diversity in Ericksonian Hypnotherapy”, 5th International Conference of Ericksonian Hypnotherapy, Iași, România, between 26-28 September 2013.
3. *Psychological Interventions in Nicotine Addiction*. Presented at the 5th International Conference on Applied Psychology, Iași, România, between 24-27 October 2013.

Skills

Programming: SPSS, R

Operating systems: Linux, Windows

Languages: Romanian (advanced), English (advanced), French (Advanced), Spanish (Beginner)

Activities

2010 – Completed 20 hours of clinical field practice at Clinical Hospital of Psychiatry “Socola”, Iași

2011 - Completed a course for Helpline counseling focused on people at high risk for suicide organized by Saint Damian Association, Iași

2011 – Volunteered to provide counseling for people suffering from dementia and Alzheimer's disease at the Bârnova Chronic Disease Section of the Clinical Hospital of Psychiatry “Socola”, Iași

2011 – Volunteered to provide counseling for special needs children and teenagers enrolled in a professional (vocational) technical school (Grup Școlar “Sfânta Ecaterina”, Huși)

2011 – Completed a course in Human Resources at EuroAsia, Iași

2012 – Completed 60 hours of clinical field practice at the Individual Psychology Practice Filimon, Piatra Neamț