

# CURRICULUM VITAE

## **Prof. Dr. habil. Ralf Brand**

Full Professor of Sport and Exercise Psychology  
Editor in Chief of the German Journal for Sport Science

University of Potsdam  
Faculty of Human Sciences  
Cluster of Excellency in Cognition Sciences  
Department of Sport and Exercise Psychology  
Am Neuen Palais 10  
D-14469 Potsdam  
Germany



tel. ++ 49 (0) 331 911 1040  
fax ++ 49 (0) 331 977 1263  
email: ralf.brand@uni-potsdam.de  
internet: <http://www.uni-potsdam.de/sportpsychologie>

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## **Education**

November 1996	Master of Education (1. Staatsexamen) in Sport and Exercise Science and English (University of Konstanz)
September 1999	Master of Science (Diploma) in Psychology (University of Konstanz)
July 2001	Doctorate (Dr. rer. soc.) at the University of Konstanz
July 2006	Postdoc (habil.: prerequisite for tenure) at the University of Stuttgart

## **Professional career**

11/1996 – 12/1996	Research associate at the Institute for Applied Computer Science, University of Mainz
01/1997 – 11/1997	Graduate assistant at the Department of Sport and Exercise Science, University of Konstanz
12/1997 – 12/2000	Research associate at the Department of Sport and Exercise Science, University of Konstanz
02/2001 – 09/2001	Graduate assistant at the Department of Sport and Exercise Science, University of Konstanz
10/2001 – 3/2008	Associate professor at the Department of Sport and Exercise Science, University of Stuttgart
4/2008 – today	Full Professor and Head of the Department of Sport and Exercise Psychology, University of Potsdam
4/2012 – today	Editor-in-Chief of the German Journal of Sports Sciences

## **Scientific Awards**

May 2003	Karl-Feige-Award from the German Association of Sport Psychology (asp) Title of award-winning doctorate thesis: Schiedsrichter und Stress [Referees and stress]
November 2006	Carl-Diem-Award (2 <sup>nd</sup> place) from the German Olympic Sport Association

Title of award-winning post-doctorate thesis: Sportpsychologische Interventionen und Gesundheitsverhalten [Sport psychological interventions and health behavior]

## Research Grants (related to topic; last 3 years)

- Biochemical validation of a language-free reaction-time based test procedure for measuring athletes' doping attitudes [Federal Institute of Sport Sciences, BISP, 2012-2013]
- Quality management in applied sport psychology with elite athletes. [Federal Institute of Sport Sciences, BISP, 2010-2013]
- Ethical decision-making as a chance for doping prevention. [World Anti-Doping Agency, WADA; in cooperation with the University of Copenhagen, Denmark; 2009-2011]
- Psychogenic urine retention problems in athletes during anti-doping tests. [Federal Institute of Sport Sciences, BISP, 2010-2011]
- Teaching and learning moral skills for doping-prevention in sport. [German National Anti-Doping Association, NADA in association with the Federal Institute of Sport Sciences, BISP, 2010-2011]

## Peer reviewed journal articles (last 3 years)

- (18) Wartenberg, J., Borchert, T. & Brand, R. (accepted). A longitudinal assessment of adolescent student-athletes' school performance: (Not) Worse in school and (not) putting their education at risk?! *German Journal of Sport Sciences*.
- (17) Brand, R., Heck, P., & Ziegler, M. (2014). Illegal performance enhancing drugs and doping in sport: a picture-based brief implicit association test for measuring athletes' attitudes. *Substance Abuse Treatment, Prevention, and Policy*, 9:7. doi: 10.1186/1747-597X-9-7
- (16) Wolff, W., Baumgarten, F., & Brand, R. (2013). Reduced self-control leads to disregard of an unfamiliar behavioral option: An experimental approach to the study of neuroenhancement. *Substance Abuse Treatment, Prevention, and Policy*, 8:41. doi:10.1186/1747-597X-8-41
- (15) Elbe, A. M. & Brand, R. (accepted). Urination difficulties during doping controls: an act of rebellion? *Journal of Clinical Sport Psychology*.
- (14) Schuecker, L., Heil, O., Hagemann, N. & Brand, R. (accepted). Attentional focus strategies of triathletes during the Ironman World Championships. *Journal of Sport Behavior*.
- (13) Wolff, W. & Brand, R. (2013). Subjective stressors in school and their relation to neuroenhancement: A behavioral perspective on students' everyday life "doping". *Substance Abuse Treatment, Prevention, and Policy*, 8:23. doi:10.1186/1747-597X-8-23
- (12) Schweizer, G., Plessner, H., & Brand, R. (2013). Establishing standards for basketball elite referees' decisions. *Journal of Applied Sport Psychology*, 25, 370-375. doi: 10.1080/10413200.2012.741090
- (11) Brand, R., Wolff, W. & Hoyer, J. (2013). Psychological symptoms and chronic mood in representative samples of elite student-athletes, deselected student-athletes and comparison students. *School Mental Health*, 5, 166-174. doi: 10.1007/s12310-012-9095-8
- (10) Kanning, M., Ebner-Priemer, U., & Brand, R. (2012). Autonomous regulation mode moderates the effect of actual physical activity on affective states: An ambulant assessment approach to the role of self-determination. *Journal of Sport & Exercise Psychology*, 34, 260-269.
- (9) Elbe, A. M., Schlegel, M. & Brand, R. (2012). Psychogenic urine retention during doping controls: Consequences for elite athletes. *Performance Enhancement & Health*, doi:10.1016/j.peh.2012.01.001

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- (8) Heinz, K., Heidenreich, T., Wenhold, F., & Brand, R. (2011). Achtsamkeit und Akzeptanz. Grundlagen und Perspektiven eines neuartigen Ansatzes sportpsychologischen Trainings für den Leistungssport. *Zeitschrift für Sportpsychologie*, 18, 145-154, doi: 10.1026/1612-5010/a000056
- (7) Kanitz, J. L., Pretzer, K., Reif, M., Voss, A., Brand, R., Warschburger, P., Längler, A., Henze, G., & Seifert, G. (2011). The impact of eurythmy therapy on stress coping strategies and health-related quality of life in healthy, moderately stressed adults. *Complementary Therapies in Medicine*, 247-255, doi: 10.1016/j.ctim. 2011.06.008
- (6) Schweizer, G., Plessner, H., Kahlert, D., & Brand, R. (2011). A video-based training method for improving soccer referees' intuitive decision-making skills. *Journal of Applied Sport Psychology*, 23, 429-442, doi: <http://dx.doi.org/10.1080/10413200.2011.555346>
- (5) Kleinert, J. & Brand, R. (2011). Qualitätsmanagement in der sportpsychologischen Betreuung im Leistungssport –(k)ein Effekt ohne Akzeptanz?! *Zeitschrift für Sportpsychologie*, 18, 60-72. doi: 10.1026/1612-5010/a000041
- (4) Brand, R., Melzer, M., & Hagemann, N. (2011). Towards an implicit association test (IAT) for measuring doping attitudes in sports. Data-based recommendations developed from two recently published tests. *Psychology of Sport and Exercise*, 12, 250-256. doi: 10.1016/j.psychsport.2011.01.002
- (3) Kahlert, D. & Brand, R. (2011). Fragebogenerfassung von körperlicher Aktivität. Unterschiedlich skalierte Antwortkategorien beeinflussen die Angabe gesundheitsbezogener Kognitionen. *Zeitschrift für Gesundheitspsychologie*, 19, 96-100.
- (2) Kahlert, D. & Brand, R. (2011). Befragungsdaten und Akzelerometermessungen im Vergleich. Ein Beitrag zur Validierung des MoMo-Aktivitätsfragebogens für Kinder und Jugendliche. *Deutsche Zeitschrift für Sportmedizin*, 62, 36-41.
- (1) Ehrlenspiel, F., Graf, K., Kühn, C. & Brand, R. (2011). Stabilität und Variabilität von Wettkampfangst. *Zeitschrift für Sportpsychologie*, 18, 31-43.

:: submitted to peer-reviewed journals ::

- (3s) Antoniewicz, F. & Brand, R. (under review). *The automaticity of affective evaluations in fitness center exercisers.*
- (2s) Wolff, W., Brand, R., Baumgarten, F., Loesel, H. & Ziegler, M. (under review). *Modeling students' instrumental (mis-)use of substances to enhance cognitive performance. Neuroenhancement in the light of job-demands-resources theory.*
- (1s) Kahlert, D. & Brand, R. (under review). *The role of learned optimism in behavior maintenance. Explanation style predicts regular physical exercise in a public health training center.*

## Personal information

Date of birth: January 11<sup>th</sup>, 1971

Marital status: divorced, one son