

Annalisa Theodorou

Date of birth: May 12, 1992	Orcid ID: 0000-0003-0759-764X
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PUBLICATIONS

Alessandri, G., Perinelli, E., De Longis, E., **Theodorou, A.** (in press). Second-Order Growth Mixture Modeling in Organizational Psychology: An Application in the Study of Job Performance Using the Cusp Catastrophe Model. *Nonlinear Dynamics, Psychology and Life Sciences*, ISSN: 1090-0578

Alessandri, G., Perinelli, E., De Longis, E., Rosa, V., **Theodorou, A.**, & Borgogni, L. (in press). The costly burden of an inauthentic self: Insecure self-esteem predisposes to emotional exhaustion by increasing reactivity to negative events. *Anxiety, Stress, & Coping*. doi:[10.1080/10615806.2016.1262357](https://doi.org/10.1080/10615806.2016.1262357)

CONFERENCE PRESENTATIONS

Theodorou, A., Violani, C., Alessandri, G. (2017, May). *Seeing light at the end of the tunnel: The role of positivity in the relationship between experience of unemployment and perceived competences to find a job*. Poster presented at the International Congress in honor of Gian Vittorio Caprara "Personality: The individual in the society", Rome, Italy.

Theodorou, A., Alessandri, G., Livi, S., Cinque, L. (2016, September). *The role of organizational socialization in predicting pro-social behaviors toward coworkers: The function of positivity and interpersonal strain*. In G. Alessandri and S. Livi (Chairs), *The cost of socialization. The role of personal and social factors during the adjustment to a new contest*. Symposium conducted at the Italian National Congress of Organizational Psychology (Italian Association of Psychology), Pavia, Italy.

Theodorou, A., Violani, C., Alessandri, G. (2016, September). *Looking to a positive side without a job: The role of positivity in predicting psychophysical wellbeing in a sample of unemployed workers*. Talk at the Italian National Congress of Organizational Psychology (Italian Association of Psychology), Pavia, Italy.

Alessandri, G., De Longis, E., Perinelli, E., **Theodorou, A.** (2016, September). *An introduction to growth mixture models for organizational research*. Talk at Verona SGM2016 Advanced Modeling: New methods for studying individual differences and dynamics in organizations (European Association of Work and Organizational Psychology), Verona, Italy.

Perinelli, E., De Longis, E., Rosa, V., **Theodorou, A.**, Alessandri, G. (2016, September). *A fragile self is costly and stressful. Self-esteem fragility, negative events, and emotional exhaustion in a sample of university students*. In G. Alessandri and S. Livi (Chairs), *The cost of socialization. The role of personal and social factors during the adjustment to a new contest*. Symposium conducted at the Italian National Congress of Organizational Psychology (Italian Association of Psychology), Pavia, Italy.

De Longis, E., Alessandri, G., Rosa, V., **Theodorou, A.** (2016, April). *The costly burden of in-authenticity. The association of self-esteem discrepancies with perception of daily hassles and emotional exhaustion*. Talk at the workshop Current Issue in Occupational Health Psychology (Italian Association of Psychology), Rovereto, Italy.

EDUCATION

November 2015 – **Doctor of Philosophy (PhD) in Social Psychology**

to date *Department of Social and Developmental Psychology, University of Rome "Sapienza"*

Advisor: prof. Stefano Livi; co-advisor: prof. Guido Alessandri.

- Research areas: organizational socialization, group socialization, positive personal resources
- Research methods: quantitative data with cross-sectional, longitudinal, and experimental design

Elected students' representative in the governing bodies of the Department for the period November 2016 - October 2018.

- November 2016** **Professional qualification: Albo degli Psicologi Section A** (not subscribed)
Sapienza University of Rome
- September 2013 - July 2015** **Master's degree in Health, Clinical, and Community Psychology**
Faculty of Medicine and Psychology, University of Rome "Sapienza"
Final mark: 110/110 cum laude (highest mark with honors)
Dissertation: "Perceived Ability to Find a Job, Individual Experience of Unemployment and Psychosocial Characteristics in a Sample of Unemployed Workers". Advisor: prof. Cristiano Violani.
- September 2010 - July 2013** **Bachelor's degree in Psychological Sciences and Techniques of Clinical Intervention for Person, Group, and Institutions**
Faculty of Medicine and Psychology, University of Rome "Sapienza"
Final mark: 108/110
Dissertation: "The Greek Artist and the Economic Crisis: Testimonies and Expressive Landscapes". Advisor: prof. Vincenzo Padiglione.

METHODOLOGY RESEARCH SEMINARS, COURSES, AND SUMMER SCHOOL

- 19 - 20 January 2017** **Course in methodology: Introduction to Multilevel Models in Organizational Research**
Italian Association of Psychology (AIP)
- 5 - 10 September 2016** **Summer school in methodology: Mediation and moderation analysis: Application to general linear models, mixture models, and generalized models**
Italian Association of Psychology (AIP)
- **9, 10, 14, 17, 23, 30 March 2017 (18 h):** *Introduction to R*, dott. Sauro Civitillo, University of Rome "Sapienza".
 - **14 September 2016 (2h):** *Growth modeling introduction in Mplus*, prof. Guido Alessandri, University of Verona.
 - **22, 23, 24 June 2016 (21h):** *Structural Equation Models*, prof. Luigi Leone, University of Rome "Sapienza".
 - **6 June 2016 (6h):** *Meta-analysis*, prof. Fabio Presaghi, University of Rome "Sapienza".
 - **9, 16, 23, 30 May 2016 (16h):** *Factor Analysis*, prof. Marco Lauriola, University of Rome "Sapienza".
 - **12 and 19 April 2016, 20 September 2016 (12h):** *ANOVA and MANOVA*, prof. Teresa Gloria Scalisi, University of Rome "Sapienza".

RESEARCH EXPERIENCE

- 5 June 2017 – to date** **Visiting PhD student** at the Department of Psychology, University of Maryland, College Park (Maryland), USA
- March 2016 – September 2016** **Post-graduation intern** at the Department of Social and Developmental Psychology, University of Rome "Sapienza". Tutor: prof. Stefano Livi.
- September 2015 – March 2016** **Post-graduation intern** at the Department of Psychology, University of Rome "Sapienza". Tutor: prof. Guido Alessandri.

LANGUAGE AND SOFTWARE SKILLS

- Mother tongue:** Italian
- Other languages:** Modern Greek and English: good understanding, speaking, and writing
- Software skills:** IBM SPSS Statistics, PROCESS SPSS macro, RStudio (basic), Google Forms

GRANTS, SCHOLARSHIPS, AND AWARDS

- **January 2017 – PhD student mobility scholarship (University of Maryland), Sapienza University of Rome**
- **November 2015 – Three-years PhD student scholarship, Sapienza University of Rome**
- **January 2015 – Student collaboration scholarship Sapienza University of Rome**
- **November 2014 – Scholarship LAZIODISU – Regional agency for the right to study**
- **January 2014 – Student collaboration scholarship Sapienza University of Rome**
- **November 2013 – Scholarship LAZIODISU – Regional agency for the right to study**
- **July 2013 – Bachelor’s degree award LAZIODISU – Regional agency for the right to study**
- **January 2013 – Student collaboration scholarship Sapienza University of Rome**
- **November 2012 – Scholarship LAZIODISU – Regional agency for the right to study**
- **November 2011 – Scholarship LAZIODISU – Regional agency for the right to study**

AFFILIATIONS

- Affiliate Member (2016 - present): Italian Association of Psychology (AIP), Social Psychology section.
- Member: Early Career REsearchers’ network (E-CARE) of the Italian Association of Psychology (AIP).